

Nalanda Dance Research Centre's,  
Nalanda Nritya Kala Mahavidyalaya,  
Plot A-7/1, N. S. Road No. 10,  
J.V.P.D. Scheme, Vile Parle (West),  
Mumbai-400 049

List of Courses offered in each programme

**1. FOUNDATION I**

**Bharata Natyam, Mohiniattam & Kathakali**

**Practicals** -

Practical I - Nritta  
Practical II - Nritya  
Practical III - Music

**Theory** -

Paper I - An Introduction to Traditional Indian Culture  
Paper II - Sanskrit  
Paper III - Epics  
Paper IV - Communication Skills in English

**2. FOUNDATION II**

**Bharata Natyam, Mohiniattam & Kathakali**

**Practicals**

Practical I - Nritta  
Practical II - Nritya  
Practical III - Music

**Theory**

**Bharatanatyam-**

Paper I - Origin and History of Bharata Natyam  
Paper II - Sanskrit  
Paper III - Fundamental Technique and Contents in Bharata Natyam  
Paper IV - Contemporary Scenes in Indian Dance  
Paper V - Communication Skills in English

**Mohiniattam & Kathakali**

Paper I - Origin, History & Development of Kerala Dance Tradition  
Paper II - Sanskrit  
Paper III - Technique of Kathakali & Mohiniattam  
Paper IV - Contemporary Scene in Indian Dance  
Paper V - Communication Skills in English



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### 3. BPA (Dance) Part I - Semester I

#### Bharata Natyam & Mohiniattam

##### Practicals:

Practical I - Nritta  
Practical II - Nritya  
Practical III - Music, Tala etc

Electives: Folk dance , Kathak / Bharata Natyam / Mohiniattam

##### Theory:

##### **Bharata Natyam -**

Paper I - Study of Technique -I  
Paper II - Rituals- "Concept, Development & Connection with Art"  
Paper III - Rhythm & Music in Bharata Natyam  
Paper IV - Communication, Presentation & Computer Skills with special reference to Indian Classical Dance

##### **Mohiniattam -**

Paper I - Technique in Kathakali & Mohiniattam-I  
Paper II - Myths & Legends in Kathakali & Mohiniattam-I  
Paper III - Study of Mohiniattam-I  
Paper IV - Communication, Presentation & Computer Skills with special reference to Indian Classical Dance

### 4. BPA (Dance) Part I - Semester II

#### Bharata Natyam & Mohiniattam

##### Practicals:

Practical I - Nritta  
Practical II - Nritya  
Practical III - Music, Tala etc

Electives: Folk dance, Kathak / Bharata Natyam / Mohiniattam

##### Theory

##### **Bharata Natyam:**

Paper I - Study of Technique- II  
Paper II - Ritualistic Mythology in Shaivism, Vaishnavism & Shaktism and its reflection in Dance  
Paper III - Study of Lyrics & Composers in Bharata Natyam  
Paper IV - Communication, Presentation & Computer Skills with special reference to Indian Classical Dance



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**Mohiniattam:**

Paper I - Technique in Kathakali & Mohiniattam-II

Paper II - Myths & Legends in Kathakali & Mohiniattam-II

Paper III - Study of Mohiniattam-II

Paper IV - Communication, Presentation & Computer Skills with special reference to Indian Classical Dance

**5. BPA (Dance) Part II - Semester III**

**Bharata Natyam & Mohiniattam**

**Practicals:**

Practical I - Nritta

Practical II - Nritya

Practical III - Music, Tala etc.

Practical IV - Choreography

**Electives:** Makeup / Light & Sound

**Theory:**

**Bharata Natyam & Mohiniattam**

Paper I - Study of Natyashastra-I

Paper II - Religion, Philosophy & Study of Literature

Paper III - Communication Skills & Creative Writing or Environmental Science

**6. BPA (Dance) Part II - Semester IV**

**Bharata Natyam & Mohiniattam**

**Practicals:**

Practical I - Nritta

Practical II - Nritya

Practical III - Music, Tala etc

Practical IV - Choreography

**Electives**

Electives - Food & Nutrition / Yoga, Sanskrit,

Tamil / Malayalam

**Theory:**

**Bharata Natyam & Mohiniattam**

Paper I - Study of Natyashastra-II

Paper II - Aesthetics

Paper III - Communication Skills & Creative Writing or Environmental Science

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## 7. BPA (Dance) Degree (Final Year) - Semester V

### Bharata Natyam & Mohiniattam

#### Practicals:

- Practical I - Nritta
- Practical II - Nritya
- Practical III - Music, Tala etc
- Practical IV - Choreography

#### Electives:

- Electives Carnatic Music / Sopanam Music
- Bharata Natyam / Mohiniattam

#### Theory:

##### Bharata Natyam & Mohiniattam

- Paper I- History, Development & Comparative Study of Dance
- Paper II - Sculpture, Painting, Iconography, Temple Architecture & Southeast Asian Dances

## 8. BPA (Dance) Degree (Final Year) - Semester VI

### Bharata Natyam & Mohiniattam

#### Practicals:

- Practical I - Nritta
- Practical II - Nritya
- Practical III - Music, Tala etc
- Practical IV - Choreography

#### Electives:

- Electives - Carnatic Music / Sopanam Music
- Bharata Natyam / Mohiniattam

#### Theory:

##### Bharata Natyam & Mohiniattam

- Paper I- Puranic Mythology & its Significance to Indian Classical Dance
- Paper II - A Comparative Study of Dance Systems of the countries of Southeast Asia

## 9. MPA (Dance) Part I - Semester I

### Bharata Natyam & Mohiniattam

#### Practicals:

- Practical I - Nritya - Abhinaya
- Practical II - Nritta (Tillana)
- Practical III - Teaching Practice

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**Kathak**

**Practicals:**

Practical I - Nritya - Abhinaya  
Practical II - Nritya (Tarana)  
Practical III - Teaching Practice

**Theory: (Common to all)**

Paper I - Asian Dramaturgy & Indian Poetic Tradition

**10. MPA (Dance) Part I - Semester II**

**Bharata Natyam & Mohiniattam**

**Practicals:**

Practical I - Nritya - Abhinaya  
Practical II - Nritya (Tillana)  
Practical III - Teaching Practice

**Kathak**

**Practicals:**

Practical I - Nritya - Abhinaya  
Practical II - Nritya (Tarana)  
Practical III - Teaching Practice

**Theory: (Common to all)**

Paper I - Indian Poetics & Western Dance



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**11. MPA (Dance) Part II - Semester III**

**Bharata Natyam & Mohiniattam**

<u>Elective A</u>		<u>Elective B</u>	
<u>Practicals</u>	<u>Theory</u>	<u>Practicals</u>	<u>Theory</u>
Practical I - Nattuvangam  Practical II - Choreographic Nattuvangam  Practical III - Performance	Paper I - Choreography  Paper II - Research Methodology	Practical I - Nattuvangam  Practical II - Choreographic Nattuvangam  Practical III - Performance  Practical IV - Advance Teaching Practice	Paper I - Choreography

**Kathak**

<u>Elective A</u>		<u>Elective B</u>	
<u>Practicals</u>	<u>Theory</u>	<u>Practicals</u>	<u>Theory</u>
Practical I - Padhant  Practical II - Tala Variation  Practical III - Performance	Paper I - Choreography  Paper II - Research Methodology	Practical I - Padhant  Practical II - Tala Variation  Practical III - Performance  Practical IV - Advance Teaching Practice	Paper I - Choreography



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**12. MPA (Dance) Part II - Semester IV**

**Bharata Natyam & Mohiniattam**

Elective A		Elective B	
Practicals	Theory	Practicals	Theory
Practical I - Nattuvangam	Paper I - Movement Studies	Practical I - Nattuvangam	Paper I - Movement Studies
Practical II - Choreographic Nattuvangam	Paper II - Dissertation + Viva-Voce	Practical II - Choreographic Nattuvangam	
Practical III - Performance		Practical III - Performance	
		Practical IV - Advance Teaching Practice	
		Practical V - Choreography of Varnam	

**Kathak:**

Elective A		Elective B	
Practicals	Theory	Practicals	Theory
Practical I - Padhant	Paper I - Movement Studies	Practical I - Padhant	Paper I - Movement Studies
Practical II - Tala Variation	Paper II - Dissertation + Viva Voce	Practical II - Tala Variation	
Practical III - Performance		Practical III - Performance	
		Practical IV - Advance Teaching Practice	
		Practical V - Choreography of Thumri	



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